

Resource Guide for Behavioral Health

Emergency Services

FOR ADDICTION TREATMENT 24/7
call the Access Line
1-800-563-4086
(this includes detox and treatment for
prescription opioids or heroin addiction)

FIRE/POLICE/AMBULANCE Call 9-1-1

NATIONAL SUICIDE PREVENTION LIFELINE

1-800-273-TALK (8255)
1-888-628-9454 (Ayuda en Español)
TTY: 1-800-799-4TTY (4889)
www.suicidepreventionlifeline.org

SUICIDE HELPLINE (INFOLINE) Call 2-1-1

ALCOHOL AND DRUG RECOVERY CENTERS

Access line for Referrals and Detoxification
Center 860-714-3700

POISON CONTROL

1-800-222-1222 www.aapcc.org

SEXUAL ASSAULT CRISIS SERVICES

English 888-999-5545
Spanish 888-568-8332

WHEELER COMMUNITY RESPONSE TEAM

860-747-8719

WHEELER HELPLINE 24/7

860-747-3434

Connecticut Resources

ACCESS HEALTH CT

Health Insurance Marketplace
1-855-805-4325 TTY 1-855-789-2428
www.accesshealthct.com

ACCESS MENTAL HEALTH CT

www.accessmhct.com

BEACON HEALTH OPTIONS (CTBHP)

1-877-552-8247 TTY 1-866-218-0525
www.ctbhp.com

CT 2-1-1

Call 2-1-1
www.211ct.org

CT ALLIANCE TO END SEXUAL VIOLENCE

1-888-999-5545
www.endsexualviolencect.org

CT COALITION AGAINST DOMESTIC VIOLENCE

860-282-7899 www.ctcadv.org
1-888-774-2900 (Crisis Line)

CT COALITION TO STOP UNDERAGE DRINKING

860-523-8042
www.preventionworksct.org/CCSUD.html

CT COUNCIL ON PROBLEM GAMBLING

1-888-789-7777 (Helpline) www.ccpq.org

CT SUICIDE PREVENTION

www.preventsuicidect.org Call 2-1-1

CT NETWORK OF CARE

www.connecticut.networkofcare.org

CT QUITLINE (Tobacco)

1-800-QUIT-NOW
www.quitnow.net/connecticut

CT YOUTH SERVICES ASSOCIATION

www.ctyouthservices.org/Find_A_YSB

Mental health and substance use disorders affect people from all walks of life and all age groups. These are common, recurrent, and often serious, but they are treatable and many people do recover.

CT COMMUNITY FOR ADDICTION RECOVERY

800-708-9145 <https://ccar.us>

CONNECTICUT CLEARINGHOUSE

A library and resource center on alcohol, tobacco, other drugs, mental health and wellness
1-800-232-4424 www.ctclearinghouse.org

FATHERHOOD INITIATIVE OF CT

1-866-6-CTDADS www.ct.gov/fatherhood

MOBILIZE AGAINST TOBACCO FOR CHILDREN'S HEALTH (MATCH)

860-525-9738

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) CT

860-882-0236 www.namict.org
Helpline 1-800-950-6264

OPIOID OVERDOSE PREVENTION/ NALOXONE (NARCAN) INITIATIVE

860-418-6993
www.ct.gov/dmhas/cwp/view.asp?q=509650

PROTECTIVE SERVICES FOR THE ELDERLY

888-385-4225

TRUE COLORS (Sexual Minority Youth and Family Services)

860-232-0050 www.ourtruecolors.org

TURNING POINT

CT website for youth and young adults
www.turningpointct.org

Support Groups

AL-ANON/ALATEEN

CT Information 1-888-825-2666
Anywhere, USA 1-800-344-2666
www.ctalanon.org

ALCOHOLICS ANONYMOUS (AA)

Connecticut 1-866-783-7712
Anywhere, USA 1-800-344-2666
www.ct-aa.org

CO-DEPENDENTS ANONYMOUS

1-888-444-2359 www.coda.org

FAMILIES ANONYMOUS

1-800-736-9805
www.familiesanonymous.org

GAM-ANON FAMILY GROUPS

CT Hotline 1-800-266-1908
National Information 718-352-1671
www.gam-anon.org

GAMBLERS ANONYMOUS

CT Hotline 1-855-222-5542
National Information 213-386-8789
www.gamblersanonymous.org

MARIJUANA ANONYMOUS

1-800-766-6779 www.marijuana-anonymous.org

MENTAL HEALTH CONNECTICUT

800-842-1501 www.mhconn.org

NAR-ANON

CT Information 1-800-477-6291
www.nar-anon.org

NARCOTICS ANONYMOUS CT Region

CT Information 1-800-627-3543
National Information 1-818-773-9999
www.ctna.org

NATIONAL ALLIANCE ON MENTAL ILLNESS

800.215.3021 www.nami.org

NICOTINE ANONYMOUS

1-877-879-6422 www.nicotine-anonymous.org

OVEREATERS ANONYMOUS

505-891-2664 www.oa.org



CONNECTICUT Clearinghouse

a program of the Connecticut Center
for Prevention, Wellness and Recovery

800.232.4424 (phone)

860.793.9813 (fax)

www.ctclearinghouse.org

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